

<p>CREATIVE MOVEMENT 2-3 years old</p> <p>Song and dance provide our tiny aspiring dancers with development in coordination, listening skills and musicality while engaging their imagination. In this class, dancers engage in sing-song and dance with the use of music and props to blossom imaginations. This class is designed for those students to attend on their own. Parents are asked to wait in the lobby in case their child needs them.</p> <p>Girls' attire -- dance attire or comfortable clothing with pink ballet shoes. Boys' attire -- comfortable clothing with black ballet shoes.</p>	<p>PRESCHOOL BALLET & TAP 3-5 years old</p> <p>This class serves as an introduction to dance. Children will receive the basic instruction necessary to a good dance foundation focusing on ballet and tap. Some days we may work on tumbling skills to help with balance and coordination, and as the class progresses, we may introduce jazz.</p> <p>Girls' attire -- any style/color dance attire, tights, pink ballet shoes and black tap shoes with tap ties or elastic. Boys' attire -- comfortable clothing, black ballet shoes and black tap shoes.</p>	<p>PRESCHOOL HIP HOP 3-5 years old</p> <p>This class serves as an introduction to hip hop movement. Dancers will receive basic instruction to help them achieve body awareness and coordination. Students will learn trending hip hop moves.</p> <p>Girls' attire- any style/color athletic attire. Dancers are allowed to wear shorts or pants. Tennis shoes required.</p> <p>Boys' attire—any style/color athletic attire. Dancers are allowed to wear shorts or pants. Tennis shoes required.</p>
<p>PETITE BALLET 5-7 Years old</p> <p>Dancers are encouraged to study ballet as one of their first styles of dance. Ballet lays the foundation of a dancer's technique. This class will teach dancers basic ballet vocabulary while focusing on skills like balance, coordination, and control. Dancers will begin learning the etiquette of a true ballet class while still having fun and training their creative brains, as well!</p> <p>* Girls' attire -- Black leotard, pink tights, pink</p>	<p>PETITE HIP HOP 5-7 years old</p> <p>Get ready to move, groove, and build confidence! This class introduces young dancers to the foundations of hip hop, including basic footwork, rhythm, coordination, and musicality. Dancers will explore fun, age-appropriate movements while learning how to express their own unique style. Through upbeat music, creative exercises, and simple choreography, students will develop strong fundamentals and a love for dance.</p>	<p>PETITE BALLET & TAP 5-7 years old</p> <p>Dancers are encouraged to take ballet and tap as a foundation for other styles of dance! Ballet and Tap combined teach lessons of coordination and rhythm. In this class, dancers will learn basic vocabulary of each style. Dancers will also learn the etiquette of each class.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun. * Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>

<p>ballet shoes, hair secured in bun. * Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>	<p>*Attire— T-shirts or athletic tops paired with sweatpants, leggings, or shorts. Tennis Shoes required.</p>	
<p>PETITE JAZZ & HIP HOP 5-7 years old This brand-new class to our schedule combines the dynamic styles of Jazz and Hip Hop! In this class, dancers will receive the training of the foundations of each style by utilizing proper technique and dynamic movement. Dancers will learn fun dance combinations and explore in freestyle.</p> <p>* Girls' attire – tight fitted athleisure wear—hair must be pulled back and out of the face. Tan Jazz Shoes. * Boys' attire – athletic wear. Black Jazz Shoes.</p>	<p>MINI BALLET 1 7-9 years old Mini Ballet 1 is designed for level 1 dancers with 0–2 years of ballet experience, ready to build a strong classical foundation in a supportive, structured environment. This syllabus-based class introduces proper ballet technique, including basic positions, alignment, and coordination, while developing strength, flexibility, and musicality. Dancers will also learn important classroom etiquette. This class encourages discipline, confidence, and a love for the art of ballet.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun. * Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>	<p>MINI BALLET 2/3 7-9 years old Mini Ballet 2/3 is designed for level 2–3 dancers with 1+ years of ballet experience who are ready to build on their foundational skills in a supportive, structured environment. This syllabus-based class focuses on the advancement of ballet technique, including improved alignment, strength, coordination, and musicality. Dancers will be introduced to more complex movements and combinations while continuing to refine proper execution. With increased expectations for focus, discipline, and classroom etiquette, this class encourages continued growth, confidence, and a deeper appreciation for the art of ballet.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun. * Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>
<p>MINI JAZZ & LYRICAL 1 7-9 years old Jazz/Lyrical I is designed for dancers ages 7–9 with 0–3 years of experience in any</p>	<p>MINI JAZZ & LYRICAL 2/3 7-9 years old Jazz/Lyrical II is designed for dancers ages 7–9 with at least</p>	<p>MINI TAP 7-9 years old Mini Tap is designed for 7-9 year old dancers with 1+ years of Tap experience. This</p>

<p>dance style. This class introduces foundational jazz technique alongside the basics of lyrical movement in a fun, upbeat, and motivating environment.</p> <p>Dancers will focus on learning across-the-floor and center combinations while developing coordination, musicality, and expressive movement. Students will also explore simple improvisation techniques to build creativity and confidence. This class encourages a positive atmosphere where dancers can grow, explore, and enjoy the art of dance.</p> <p>* Girls attire—tight fitting athletic wear. Leggings, biker shorts, tank tops, or sports bras. Jazz shoes and half-soles. Hair pulled back and secured out of face. * Boys attire—Athletic Wear with jazz shoes.</p>	<p>two years of dance experience. This class builds on foundational jazz technique while further developing lyrical movement quality in a fun, upbeat, and motivating environment.</p> <p>Dancers will learn more complex across-the-floor and center combinations, with increased focus on coordination, musicality, control, and expression. Improvisation exercises will continue to encourage creativity and confidence. At this level, dancers are held to higher expectations in both technical execution and classroom focus, supporting continued growth and progression.</p> <p>* Girls attire—tight fitting athletic wear. Leggings, biker shorts, tank tops, or sports bras. Jazz shoes and half-soles. Hair pulled back and secured out of face. * Boys attire—Athletic Wear with jazz shoes.</p>	<p>class will refine the foundations of tap dance while expanding and advancing into new steps. The class will learn movement through warm up, across the floor combinations, and center progressions.</p> <p>The goal of this class is to teach rhythm techniques, how to count music, and tap step sequencing. Dancers will learn weight transfers to help them thrive in their tap dancing! This class is upbeat, fun, and encouraging!</p> <p>*Girls attire—tight fitting athletic wear. Leggings, biker shorts, tank tops, or sports bras. Black tap shoes with laces required. Hair pulled back and secured out of face.</p> <p>*Boys Attire—athletic wear. Black tap shoes with laces required.</p>
<p>MINI HIP HOP 1 7-9 year olds This hip hop class is designed for dancers ages 7–9 with 0–2 years of dance experience. Dancers will be introduced to foundational hip hop movements and grooves in a fun, energetic, and supportive environment.</p> <p>Class will focus on developing rhythm, coordination, and musicality</p>	<p>MINI HIP HOP 2/3 7-9 years old Mini Hip Hop II/III is designed for dancers ages 7–9 with at least one year of hip hop experience. This class builds on foundational skills with clear advancement in movement, musicality, and performance quality in a fun, high-energy environment.</p> <p>Dancers will continue developing groove, rhythm,</p>	<p>MINI ALL-STAR POM 7-11 years old Our Mini All-Star Technique class is designed to help young dancers build a strong foundation while preparing for future dance team opportunities. In a fun, encouraging, and age-appropriate environment, dancers will develop skills in turns, leaps, jumps, and performance quality, while also learning the importance</p>

<p>through engaging warm-ups, across-the-floor progressions, and center combinations. Dancers will also explore freestyle and basic improvisation to build confidence and personal style. This class encourages self-expression while promoting focus, teamwork, and a positive attitude.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>	<p>and coordination while learning more complex across-the-floor progressions and center combinations. Freestyle and improvisation exercises will encourage confidence and individuality. At this level, dancers are held to higher expectations in both execution and classroom focus, supporting continued growth and progression.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>	<p>of clean technique, coordination, and confidence. This class gently introduces the structure and expectations of dance team training, helping dancers grow at their own pace while feeling supported every step of the way. It's a great starting point for dancers who are excited to improve, gain confidence, and begin working toward their future goals.</p> <p>* Girls attire—tight fitting athletic wear. Leggings, biker shorts, tank tops, or sports bras. Jazz shoes Hair pulled back and secured out of face.</p> <p>* Boys attire—Athletic Wear with jazz shoes.</p>
<p>JR BALLET 1 10-12 years old</p> <p>Junior Ballet 1 is designed for dancers ages 9–12 with 0–1 years of ballet experience who are ready to build and refine their technique. This syllabus-based class emphasizes body awareness, proper alignment, and correct ballet technique while developing strength, coordination, and musicality. Dancers will be guided through movements and combinations with a focus on precision and control. With high expectations for classroom etiquette, including focus, respect, and discipline, this class supports each dancer's growth, confidence, and understanding of classical ballet.</p>	<p>JUNIOR BALLET 2 10-12 years old</p> <p>Junior Ballet II is for dancers ages 9–12 with at least two consecutive years of ballet training. This structured, syllabus-based class focuses on advancing and refining technique while strengthening coordination, flexibility, and artistry.</p> <p>Dancers will learn and apply ballet vocabulary as they progress to more complex movements and combinations, with an emphasis on alignment, precision, and musicality. Students are held to higher expectations for both technical execution and classroom discipline,</p>	<p>JUNIOR BALLET 3 10-12 years old</p> <p>Junior Ballet III is for dancers ages 9–12 with at least four consecutive years of ballet training and continued advancement from the previous level. This structured, syllabus-based class focuses on further refining technique while building strength, coordination, flexibility, and artistry.</p> <p>Dancers will expand their ballet vocabulary and apply it to more complex movements and combinations, with increased emphasis on alignment, precision, and musicality. Students are held to high expectations for both technical execution and</p>

<p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun.</p> <p>* Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>	<p>encouraging focus, respect, and confidence in the studio.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun.</p> <p>* Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>	<p>classroom discipline, fostering focus, confidence, and a strong work ethic.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun.</p> <p>* Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>
<p>JUNIOR/TEEN POINTE 1 10 & up</p> <p>Pointe I is designed for dancers who are new to pointe work or are continuing to build the strength and technique required for pointe. This class focuses on proper alignment, foot and ankle strength, and safe execution of foundational pointe exercises.</p> <p>Class begins at the barre with targeted strengthening and technique work and will gradually progress to center and across-the-floor combinations as dancers develop control and stability. Emphasis is placed on correct placement, balance, and injury prevention.</p> <p>Dancers enrolled in Pointe I are required to take a ballet technique class in flat shoes in addition to this class to support proper training and continued progress.</p> <p>*Attire—Black Leotard, pink tights, hair in a bun, pointe shoes required.</p>	<p>JUNIOR/TEEN POINTE 2 10 & up</p> <p>Pointe II is designed for dancers who have established a strong foundation in pointe and are ready to further develop strength, control, and technique. Placement in this class requires instructor approval.</p> <p>Class continues to build at the barre with strengthening and refinement exercises, progressing to more advanced center and across-the-floor combinations. Dancers will focus on improved balance, alignment, and articulation while working through increasingly complex movements.</p> <p>At this level, dancers are held to higher expectations in both technical execution and consistency, supporting continued advancement and confidence en pointe.</p> <p>*Attire—Black Leotard, pink tights, hair in a bun, pointe shoes required</p>	<p>JUNIOR JAZZ TECHNIQUE 1 10-12 years old</p> <p>Jazz Technique I is designed for dancers ages 9–12 with 0–3 years of dance experience. This class focuses on building clean, precise jazz technique while developing coordination, musicality, and control.</p> <p>Dancers will learn foundational jazz skills, transitions, and combinations that support progress in jazz progressions and choreography. Emphasis is placed on proper alignment, rhythm, and clarity of movement. Students are held to high classroom standards, fostering focus, discipline, and a strong work ethic in a supportive environment.</p> <p>*Girls attire—tight fitted athletic clothing. Leggings, biker shorts, tank tops, sports bras. Jazz shoes required. Hair must be pulled back into ponytail or bun</p>

		<p>*boys attire—athletic shorts or pants with athletic shirts. Jazz Shoes required</p>
<p>JUNIOR JAZZ TECHNIQUE 2 10-12 years old Jazz Technique II is designed for dancers ages 9–12 with at least two years of jazz experience. This class builds on the foundations established in previous jazz training, focusing on refining technique, improving coordination, and developing musicality.</p> <p>Dancers will learn more complex skills, transitions, and combinations that expand their versatility and support progress in jazz choreography. Class emphasizes clarity, precision, and control, with high expectations for both technical execution and classroom focus to encourage continued growth and confidence.</p> <p>*Girls attire—tight fitted athletic clothing. Leggings, biker shorts, tank tops, sports bras. Jazz shoes required. Hair must be pulled back into ponytail or bun</p> <p>*boys attire—athletic shorts or pants with athletic shirts. Jazz Shoes required</p>	<p>JUNIOR JAZZ TECHNIQUE 3 10-12 years old Junior Jazz III is designed for dancers ages 9–12 with at least three years of jazz training. This class builds on previous experience by advancing technique and focusing on improving movement quality, control, and expression.</p> <p>Dancers will work on more challenging combinations and transitions, emphasizing precision, musicality, and stylistic clarity. At this level, expectations for technical execution, focus, and classroom discipline are higher, supporting continued growth and refinement in jazz performance.</p> <p>*Girls attire—tight fitted athletic clothing. Leggings, biker shorts, tank tops, sports bras. Jazz shoes required. Hair must be pulled back into ponytail or bun</p> <p>*boys attire—athletic shorts or pants with athletic shirts. Jazz Shoes required</p>	<p>JUNIOR COMBOS 10-12 years old Combos is a dynamic class for all junior levels, designed to help dancers apply the skills learned in their technique classes to full dance combinations. Students will explore movement phrases in lyrical, contemporary, jazz, and musical theatre styles, with a focus on smooth transitions and expressive execution.</p> <p>This class emphasizes the skill of assimilation—taking technique and turning it into polished, flowing performance. With engaging combinations and supportive guidance, dancers will build confidence, musicality, and performance quality. All levels are welcome to join the fun and energy, making this class full of good vibes and creative growth.</p> <p>*Attire—Dance athleisure. Jazz shoes, half soles, or socks might be required each week. Hair must be secured away from the face.</p>
<p>JUNIOR STRETCH, TURNS, AND JUMPS 10-12 years old</p>	<p>ALL STAR DANCE TEAM 12 & UP</p>	

<p>This class is designed for all junior levels, ages 9–12, and focuses on using flexibility and strength to enhance overall technique. Dancers will refine their turns and jumps while learning new skills to improve control, alignment, and execution.</p> <p>The class incorporates the Godfrey Method of technique coaching, emphasizing proper mechanics, body awareness, and safe progression. Through targeted exercises and combinations, students will develop greater power, precision, and confidence in their movement, applying these skills to all styles of dance with clarity and artistry</p> <p>*Attire—Tight fitted tops and bottoms. Jazz shoes required. Hair should be out of face and secured</p>	<p>Our Advanced Dance Team Technique class is designed for dancers who are preparing for or currently part of a dance team and want to strengthen their overall technique and performance. Dancers will train in the three most commonly performed dance team styles—pom, jazz, and lyrical—building a well-rounded foundation in each.</p> <p>This class focuses on refining skills such as turns, leaps, flexibility, control, and sharpness, while also developing the strength, endurance, and consistency needed for team performance. Dancers will also grow in important habits like work ethic, attention to detail, and quick retention.</p> <p>Serving as an addition to team practices, this class helps dancers build confidence, clean technique, and a deeper understanding of what it takes to succeed on a dance team.</p> <p>*Girls attire—tight fitted athletic clothing. Leggings, biker shorts, tank tops, sports bras. Jazz shoes required. Hair must be pulled back into ponytail or bun</p> <p>*boys attire—athletic shorts or pants with athletic shirts. Jazz Shoes required</p>	
<p>JUNIOR HIP HOP 1 10-12 years old</p>	<p>JUNIOR HIP HOP 2 10-12 years old</p>	<p>JUNIOR HIP HOP 3 10-12 years old</p>

<p>Junior Hip Hop I is designed for dancers ages 9–12 with 0–2 years of hip hop experience. This class introduces foundational hip hop movements and grooves in a fun, energetic, and supportive environment.</p> <p>Dancers will develop rhythm, coordination, and musicality through engaging warm-ups, across-the-floor progressions, and center combinations. Students will also be introduced to the history and culture of hip hop, helping them build a deeper understanding and appreciation of the style. This class encourages confidence, individuality, and a positive, focused classroom atmosphere.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>	<p>Junior Hip Hop II is designed for dancers ages 9–12 with at least two years of hip hop experience. This class builds on foundational skills while diving deeper into a variety of hip hop styles, grooves, and performance qualities.</p> <p>Dancers will expand their movement vocabulary through more complex combinations, develop stronger musicality, and continue exploring grooves with greater control and confidence. Additional focus will be placed on the history and culture of hip hop, deepening dancers’ understanding of the style. At this level, dancers are expected to apply prior knowledge with increased focus, precision, and classroom discipline as they continue to grow.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>	<p>Junior Hip Hop III is designed for dancers ages 9–12 with at least three years of hip hop experience. This class builds on the progress made in Junior Hip Hop II, with clear advancement in skill, performance quality, and stylistic versatility.</p> <p>Dancers will move beyond foundational movement to explore a wider range of hip hop styles, while continuing to develop groove, musicality, and control. Class will move at a quicker pace, introducing more intricate combinations and challenging progressions.</p> <p>At this level, expectations are higher in both execution and classroom focus, encouraging dancers to take ownership of their training while continuing to grow in confidence, individuality, and performance.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>
<p>MIDDLE SCHOOL DRILL</p> <p>This class is designed to introduce and develop the drill team style commonly taught in middle school programs. Dancers will focus on fundamental drill technique, with an emphasis on strong kicks, powerful</p>	<p>HIGH SCHOOL DRILL</p> <p>This class builds on foundational drill team technique with a higher level of execution, strength, and skill. Dancers will focus on precision, sharpness, and control while continuing to develop strong kicks, leaps,</p>	<p>TEEN COMBOS</p> <p>13 & up</p> <p>Combos is a dynamic class for all Teen levels, designed to help dancers apply the skills learned in their technique classes to full dance combinations. Students will explore movement phrases in lyrical,</p>

<p>leaps, and clean, precise execution.</p> <p>Students will learn drill-style combinations that build coordination, strength, and performance quality, helping prepare them for higher levels of drill in the future. This class encourages discipline, sharpness, and confidence while creating a supportive and energetic team environment.</p>	<p>and overall performance quality.</p> <p>Students will learn more advanced drill-style combinations that emphasize timing, synchronization, and clean transitions. With increased expectations and a faster pace, this class prepares dancers for the demands of high school drill teams while building confidence, discipline, and a strong team-focused mindset.</p>	<p>contemporary, jazz, and musical theatre styles, with a focus on smooth transitions and expressive execution.</p> <p>This class emphasizes the skill of assimilation—taking technique and turning it into polished, flowing performance. With engaging combinations and supportive guidance, dancers will build confidence, musicality, and performance quality. All levels are welcome to join the fun and energy, making this class full of good vibes and creative growth.</p> <p>* Attire—Dance athleisure. Jazz shoes, half soles, or socks might be required each week. Hair must be secured away from the face.</p>
<p>TEEN BALLET 1 13 & up Teen Ballet I is designed for dancers ages 13 and up with 0–2 years of consecutive ballet experience. This syllabus-based class focuses on building strong foundational technique while developing body awareness, coordination, and control.</p> <p>Class will move at a steady pace and includes structured barre work, center progressions, and across-the-floor combinations. Dancers will learn and apply ballet vocabulary while focusing on alignment, musicality, and precision. This class provides a supportive environment for</p>	<p>TEEN BALLET 2 13 & up Teen Ballet II is designed for dancers ages 13 and up with at least three years of consecutive ballet training. Placement in this class requires instructor approval. This syllabus-based class builds on foundational technique with clear advancement in strength, control, and artistry.</p> <p>Class moves at a fast pace and includes structured barre work, center progressions, and across-the-floor combinations. Dancers will expand their ballet vocabulary while refining alignment, musicality, and</p>	<p>TEEN JAZZ 1 13 & up Teen Jazz Technique I is designed for dancers ages 13 and up with 0–3 years of dance experience. This class focuses on building clean, strong jazz foundations while developing coordination, musicality, and control.</p> <p>Class moves at a fast pace as dancers learn the technical elements of turns, leaps, and legwork through structured warm-ups, across-the-floor progressions, and center work. Emphasis is placed on precision, alignment, and clarity of movement. Students are held to consistent classroom expectations,</p>

<p>dancers to grow in confidence and technique.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun.</p> <p>* Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>	<p>precision. At this level, students are held to higher technical standards and expectations, supporting continued growth and confidence in their training.</p> <p>* Girls' attire -- Black leotard, pink tights, pink ballet shoes, hair secured in bun.</p> <p>* Boys' attire -- Black dance pants, fitted white t-shirt, black ballet shoes.</p>	<p>encouraging focus, discipline, and confidence as they grow in their technique.</p> <p>*Girls attire—tight fitted athletic clothing. Leggings, biker shorts, tank tops, sports bras. Jazz shoes required. Hair must be pulled back into ponytail or bun</p> <p>*boys attire—athletic shorts or pants with athletic shirts. Jazz Shoes required</p>
<p>TEEN JAZZ 2</p> <p>13 & up</p> <p>Teen Jazz Technique II is designed for dancers ages 13 and up with at least three years of consecutive jazz training. This high-level class builds on foundational technique with clear advancement in skill, strength, and performance quality.</p> <p>Class moves at a fast pace as dancers refine and advance technical elements such as turns, leaps, and legwork through structured warm-ups, across-the-floor progressions, and center combinations. Emphasis is placed on precision, control, musicality, and stylistic clarity.</p> <p>At this level, dancers are held to elevated expectations in both execution and classroom focus, encouraging discipline, consistency, and continued</p>	<p>TEEN TAP 1</p> <p>13 & up</p> <p>Teen Tap I is designed for dancers ages 13 and up with at least one year of prior tap experience. This class builds on foundational tap technique while developing rhythm, timing, and clarity of sound.</p> <p>Dancers will learn traditional and historical tap steps, explore tap history, and deepen their understanding of rhythm and musicality through combinations and exercises. Emphasis is placed on articulation, control, and consistency of sound.</p> <p>This class encourages dancers to grow in both skill and appreciation for tap culture, fostering confidence, musical awareness, and performance quality in a supportive environment.</p>	<p>TEEN TAP 2</p> <p>13 & up</p> <p>Teen Tap II is designed for dancers ages 13 and up who have a strong foundation in tap and are ready to expand their skills. Placement in this class requires instructor approval.</p> <p>This class builds on basic tap knowledge with more complex rhythms, steps, and combinations. Dancers will refine clarity of sound, timing, and control while continuing to explore musicality and style. Emphasis is placed on precision, articulation, and consistency as dancers progress to more intricate footwork.</p> <p>Students will continue learning about tap history and culture, deepening their appreciation for the art form while being held to higher</p>

<p>growth in their jazz technique.</p> <p>*Girls attire—tight fitted athletic clothing. Leggings, biker shorts, tank tops, sports bras. Jazz shoes required. Hair must be pulled back into ponytail or bun</p> <p>*boys attire—athletic shorts or pants with athletic shirts. Jazz Shoes required</p>	<p>*Girls attire—Dance athleisure with black tap shoes with laces.</p> <p>*Boys attire—athleisure with black tap shoes with laces.</p>	<p>expectations in both execution</p> <p>*Girls attire—Dance athleisure with black tap shoes with laces.</p> <p>*Boys attire—athleisure with black tap shoes with laces.</p>
<p>TEEN HIP HOP 1 13 & up This class is designed for dancers with little to no hip hop experience, up to 1–2 years of training. Dancers will focus on building a strong foundation in hip hop by learning fundamental grooves, basic techniques, and introductory choreography.</p> <p>Class will emphasize musicality, coordination, and confidence, helping dancers develop their ability to pick up movement and perform with intention. This is a high-energy, supportive environment where dancers can grow, explore, and begin to find their personal style.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>	<p>TEEN HIP HOP 2 13 & up This class is designed for dancers with 3+ years of hip hop training who are ready to build on their foundation and push their versatility. Dancers will continue strengthening core techniques while expanding into more advanced movement, textures, and performance quality.</p> <p>Class will incorporate a deeper understanding of musicality, dynamics, and style, while also introducing variations of hip hop styles and exploring the history and cultural background of the genre. Dancers will be challenged to grow in confidence, precision, and individuality as performers.</p> <p>*Attire—Tennis shoes required. Sweatpants or joggers paired with a loose/baggy t-shirt. No jeans, skirts, skorts, or shorts allowed.</p>	<p>PRE-JUNIOR ACRO 5-7 years old Acro is a special class focused on body mechanics to develop precision acrobatic elements used in dances. Strength, flexibility, power can be achieved through acro training. Focus is on injury prevention, body alignment, and stabilization.</p> <p>- Skills to learn and master before moving up levels: cartwheels, limbers, bridges, handstands, right/left/middle splits, forward & backward rolls.</p> <p>* Girls' attire -- Fitted tank or sports bra, dance shorts, leggings or fitted capri, hair pulled out of face. No shoes.</p> <p>* Boys' attire -- Comfortable clothing. No shoes.</p>

<p style="text-align: center;">JUNIOR ACRO</p> <p>*based on skill level Beginner class. Acro is a special class focused on body mechanics to develop precision acrobatic elements used in dances. Strength, flexibility, power can be achieved through acro training. Focus is on injury prevention, body alignment, and stabilization. > skills to learn and master before moving up levels: cartwheels, limbers, bridges, handstands, right/left/middle splits, forward & backward rolls.</p> <p>* Girls' attire -- Fitted tank or sports bra, dance shorts, leggings or fitted capri, hair pulled out of face. No shoes. * Boys' attire -- Comfortable clothing. No shoes.</p>	<p style="text-align: center;">INT/ADV ACRO</p> <p>*based on skill level Acro is a special class focused on body mechanics to develop precision acrobatic elements used in dances. Strength, flexibility, power can be achieved through acro training. Focus is on injury prevention, body alignment, and stabilization. > Must have the following skills already before registering for this intermediate level class: Cartwheels, Limbers, Bridges, Handstands, Right/Left/Middle Splits, Forward & Backwards Rolls > skill worked on in II-III level acro: Standing Backbend, One-handed Cartwheels, Round Off, Elbow Stands, Body Rolls, Walkovers, Toe Rises, Split Rolls, and combining at least 2 skills. Starting to learn skills needed for spiders, valdez. * Girls' attire -- Fitted tank or sports bra, dance shorts, leggings or fitted capri, hair pulled out of face. No shoes. * Boys' attire -- Comfortable clothing. No shoes.</p>	<p style="text-align: center;">ADULT HIP HOP OPEN</p> <p>18+</p>
<p style="text-align: center;">ADULT HIP HOP FUNDAMENTALS</p> <p>18+</p>	<p style="text-align: center;">ADULT JAZZ FUNK</p> <p>18+</p>	